Great Lakes Seaway Trail Lighthouse Bicycling

Great Lakes Seaway Trail
Lighthouse Bicycling
9 days/8 nights   407 miles one way

AMERICA'S BYWAYS®

Easy to follow Great Lakes Seaway Trail signage.
Difficulty: highway shoulder width and traffic volume changes.
Best for Experienced Bicyclist; make overnight reservation in advance.

The Great Lakes Seaway Trail is one of America's Byways and is recognized for its unique landscape, scenic fresh-water coastline, and historical significance. This National Scenic Byway parallels 518 miles of shoreline along the St. Lawrence River, Lake Ontario, Niagara River, and Lake Erie in New York and Pennsylvania. www.seawaytrail.com
Great Lakes Seaway Trail, PO Box 660, Sackets Harbor, NY 13685
Contact: teresa@seawaytrail.com   phone: 315-646-1000

Day 1   Start at Erie, PA Presque Isle Light Station
         Land Light, Eire
         Barcelona Lighthouse
         Buy some wine for later
         Overnight at Clarion Hotel, Dunkirk
         4 hours 48 miles to
Day 2   Historic Dunkirk Lighthouse, Dunkirk NY
         Stop at Frank Lloyd Wright's Graycliff Estate, Derby
         Overnight in Buffalo
         4 hours 46 miles to
Day 3   Naval Harbor overlooking Buffalo Lighthouses
         See Buffalo & Erie County Botanical Gardens, Buffalo
         Overnight in Youngstown or Wilson
         4 hours 42 miles to
Day 4   Old Fort Niagara Lighthouse, Youngstown
         Spend time at Old Fort Niagara, Youngstown
         Overnight camping at Golden Hill State Park
         2.5 hours 30 miles to
Day 5   Thirty Mile Lighthouse, Barker
         Oak Orchard Lighthouse
         Overnight in Charlotte/Rochester
         5 hours 68 miles to
Day 6   Charlotte Genesee Lighthouse, Rochester
         Take in Seabreeze Park
         Overnight in Sodus Point
         3.5 hours 38 miles

Day 7   Sodus Point Lighthouse, Sodus Point
         Bring your GPS & do some GeoTrail geocaching along the way
         West Pierhead Lighthouse, Oswego
         Overnight in Oswego
         3.5 hours 40 miles
Day 8   Selkirk Lighthouse, Pulaski
         Stop at Seaway Trail Discovery Center, Sackets Harbor
         Overnight at Youth Hostel, Cape Vincent
         6.5 hours 75 miles
Day 9   Tibbetts Point Lighthouse, Cape Vincent 1.5 hours 20 miles
         To Grass Point State Park, boat to Rock Island Lighthouse